



Practitioner's Diploma

Contemporary Therapeutic Techniques & Integrated Counselling Skills



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This program develops professionals in the **field of mental health** who are skilled in a broad range of work in the field of **therapy, coaching and counseling**; including psychotherapy, assessment, supervision, and consultation, as well as integrative approaches to health, which are informed by the **structure of Neuro-linguistic perspectives** through a psycho-dynamic lens.

It is an **innovative specialisation** that re-imagines approaches to therapeutic practice, enhances and supports the intervention work of students, and integrates the essential perspectives of neuro-linguistics and in the view of **inclusive & integrated approaches**.

This course will provide a **theoretical foundation and practitioner training** in the contemporary techniques of therapeutic intervention, which will enhance the students towards mastery of the subject.

This course provides a seamless journey **from beginner to qualified practitioner in experiential, theoretical and research based work in Counselling and Psychotherapy Practice**.

At the end of the course, you will complete core modules in experiential theory and professional practice skills.

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Course Begins on
Jan 2023

Apply Now

Duration
5 Modules (135 Hours)

Each Module
12 hours each

+

45 hours of
academia

+

30 hours of
Assessment prog.

(peer review, Literature, meta analysis
& personal therapy)

Online Access For one week after the live class
for review & revision.

Each Module runs for two months,
here is what happens in each module

Week 1 - Recorded Video Comprehension

Week 2 - Supervised Practice Work

Week 3 - Two days of four hours each, Live- online
Class with Anil Thomas

Week 4 - Literature-Review, Meta-Analysis and
Study of Excerpt

Week 5 - Recorded Video Comprehension

Week 6 - Practice assignment and Pro-bono
sessions

Week 7 - Two days of four hours each, Live- online
Class with Anil Thomas

Week 8 - Assessments and Integration
Process

Tentative dates for live session with Anil Thomas

Jan 21st-22nd, 2023

Feb 24th-25th, 2023

Mar 24th-25th, 2023

Apr 21st-22nd, 2023

May 12th-13th, 2023

Jun 23rd-24th, 2023

Jul 28th-29th, 2023

Aug 18th-19th, 2023

Sep 22nd-23rd, 2023

Oct 20th-21st, 2023

Triple Certification Program

1. Research certification with **DOI number**
2. **Accreditation** certificate from IJNGP
3. Course completion certificate from AT fellowship for **continued education and career progression**

Your Journey with us

The **Practitioner's Diploma in Contemporary Therapeutic Techniques and Integrated Counselling Skills (CTT & ICS)** is for students interested in exploring the **structures and its specialisation** in the field of **Neurolinguistics and Gestalt Therapy** and the universal principles and organising patterns that form the definite model for intervention of any form to elicit and animate human experience from the **depths of the collective unconscious, past events and imagined augmentation.**

This course is a dimension of the psyche common to each of us. The program curriculum enables students to develop a comprehensive understanding of the process of **psychological transformation**, which leads to the realisation of a greater personality or beyond the roles we play and masks we wear.

This process of counseling psychology is the ultimate focus of 'how' the client has represented the information in their **cognition, field and timeline**, it is the study of **subjective experience and personal mythology**. Inspired by the explicit structuring, patterning of neuro-linguistics and the interplay of Gestalt, this course is a rigorous, creative exploration and study of **archetypic tableau and movements**, through the lens which is aimed at examining therapy as a definitive structure from the meta and to study how the soma participates.

To those participating in this Practitioner's Diploma, the course provides its students with a range of theories, skills, and practices they can apply directly to their professional and personal life while addressing the collective challenges and opportunities of life.

Course Syllabus

Module 1:

Archetypic Constellation Structure & Movement Gestalt.

Module 2:

Coaching Model, an Intervention tool on Neurological alignment for counseling psychology

Module 3:

Hero's Journey - an understanding to threshold, archetypic roles and mythic realities.

Module 4:

Trauma impact, transcendence and healing - behavioural response and how to desensitize it

Module 5:

Clinical approaches and case interventions, breaking of the gestalt cycle

Assessments

Students would be assessed in a variety of ways including: **written essays/articles/ literature-review, group and individual presentations, practice, observations, recorded evaluations and dissertation/viva.** Assessments would be carried out by tutors, mentors, peers and self.

Personal Therapy will be an integral part of the assessment program, each member would be partaking in the systemic process.

You must complete and get required score in all assessment tasks to be conferred upon by the **'Practitioner's Diploma'** and to be a continued member of the red-wood community. You will be required to take a Readiness to Practice examination.

Who is this course for?

Practitioners, mental health professionals, psychology students and researchers

Those already in the field of change work and mental health, counseling & coaching the course will support you to learn tools to fasten up your work with clarity & ecology.

Teachers, HR professionals and academician

This course will support you to build a better classroom (team) the rich academic resource from the course will bring clarity to human behavior & will surface motivation & secondary gain.

Aspiring psychotherapists, counselors and those looking to a new career in mental health.

This triple certificate course ranges from basic to advance level, this is all what one would need to get on board this career path. Psychology is a pre-requisite for the future, it is a must know tool, be it professional or personal intervention.

Those curious to know how the psyche works (and malfunction) to learn the human code

There is merit in learning human neurology & the code relation between language & neurology. it is a curious approach to know how some achieve more & how some don't even though we all have the same resource.

Benefits of Counseling Diploma:



Learn new additional Concepts



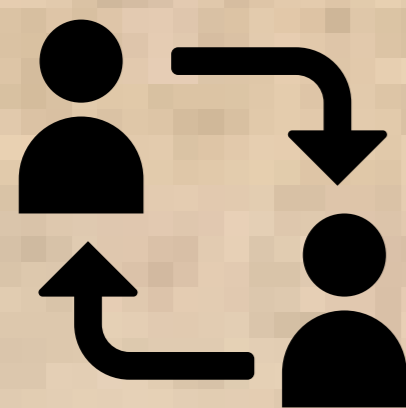
Practice tools



Experts and other study material



Assignment & Mid-work



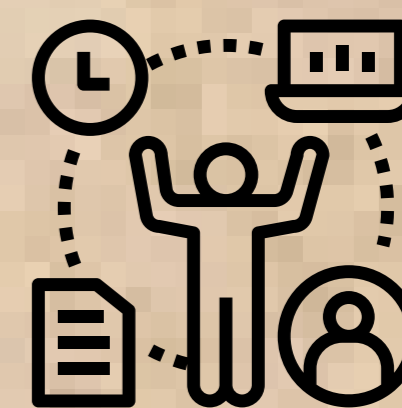
Peer Group & working pairs



Notes & reference material



Scope of Research



Skills Development & therapy tools

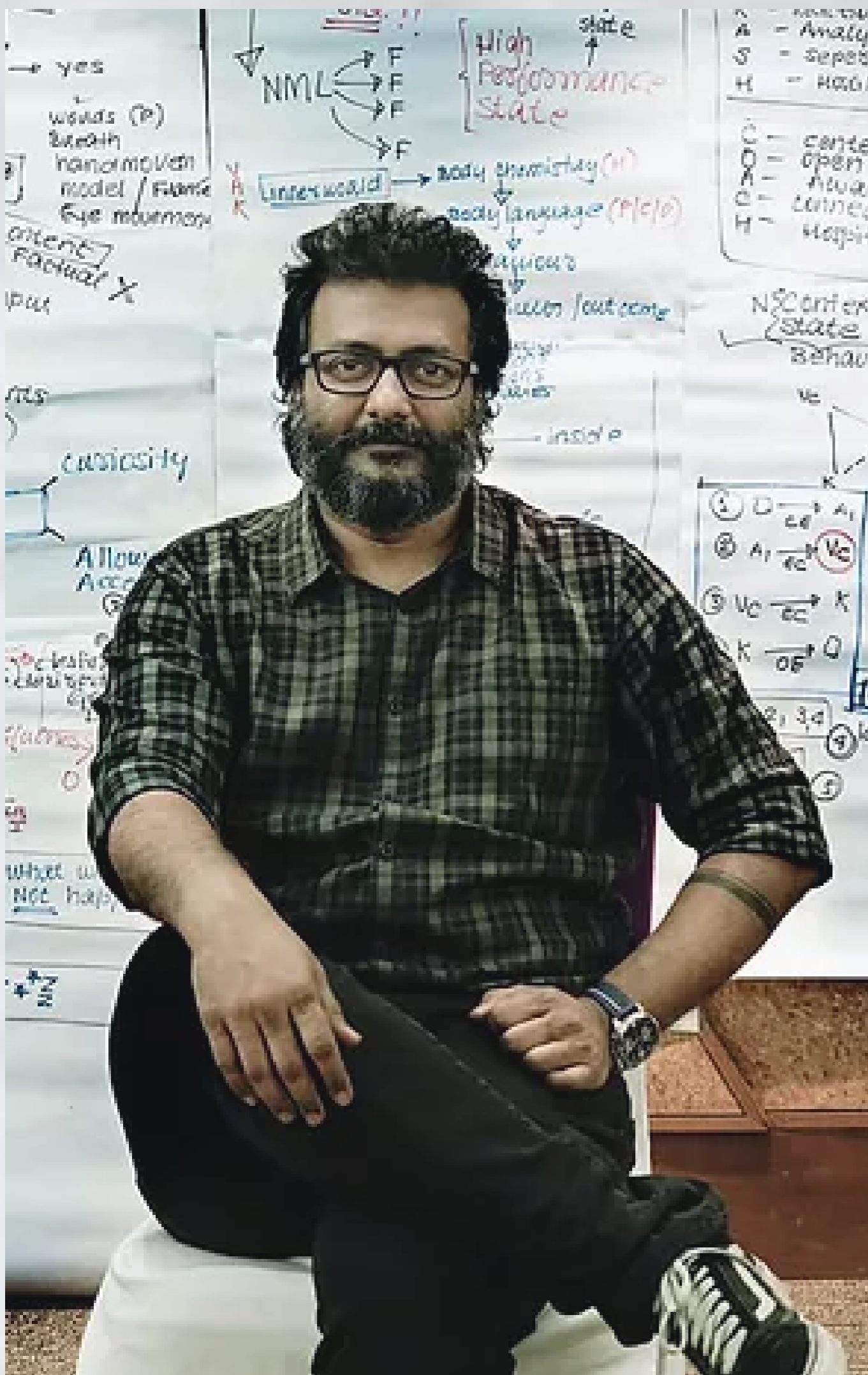
Chair & Faculty

This program in particular will hold in the center **two major commitments:**

1. To open up the very **concept of therapy** as a **structured equation**, so that the intervention can be laid down for introspection, this will be one massive step to go beyond the past of the client and their narrative of course.
2. To bring the **integration and inclusion** of many concepts and approaches of tools and techniques of multiple school of thoughts, so that the commitment to the structure of change stays.

The coursework is aligned with the **core study of Neuro-linguistics** and **gestalt's emphasis on the "ineluctable psychological necessity"** of Polarity Collapse,^{*Fritz} Core-Transformation,^{*Andreas} Neuro-logical alignment^{*Judy-Dilts} the process by which one might attain deep self-knowledge, further the development of consciousness, and better understand the unconscious factors shaping human experience.

Anil Thomas



Anil is an internationally certified NLP Master Practitioner and Gestalt Therapist. He owes his therapeutic skills to Dr. Richard (Dick) McHugh; S.J. Ph.D.

Anil is a Mentor for the 'International Journal of Neurolinguistics & Gestalt Psychology' (IJNGP)

He conducts the 'Global Certification Courses' based on the Classic (original) Code, integrating the depth alchemy of New code and the 3rd description. He has authored more than 10 books in the space of Neurolinguistics, Mental Health and Gestalt Therapy. Even today, Anil practices therapy and conducts LAB sessions with the Master Practitioners, in that way he continues to contribute and learn simultaneously.

He was introduced first to NLP in 2007 when he first met Fr. Dick in Mumbai. He then went on to attend many courses with Fr. Dick {Advance, Gestalt, Spirit and Health}. He further learnt NLP with John Grinder himself and other co-developers such as Robert Dilts (USA) & Judith (Judy) DeLozier (Russia). Anil is a serious student of the field and has been blessed with opportunities to conduct sessions internationally as well in Australia, Russia, Hong Kong, Thailand, America, China etc.

He strongly believes in the maxim "It takes two to know one" and he models Judy in his training career.

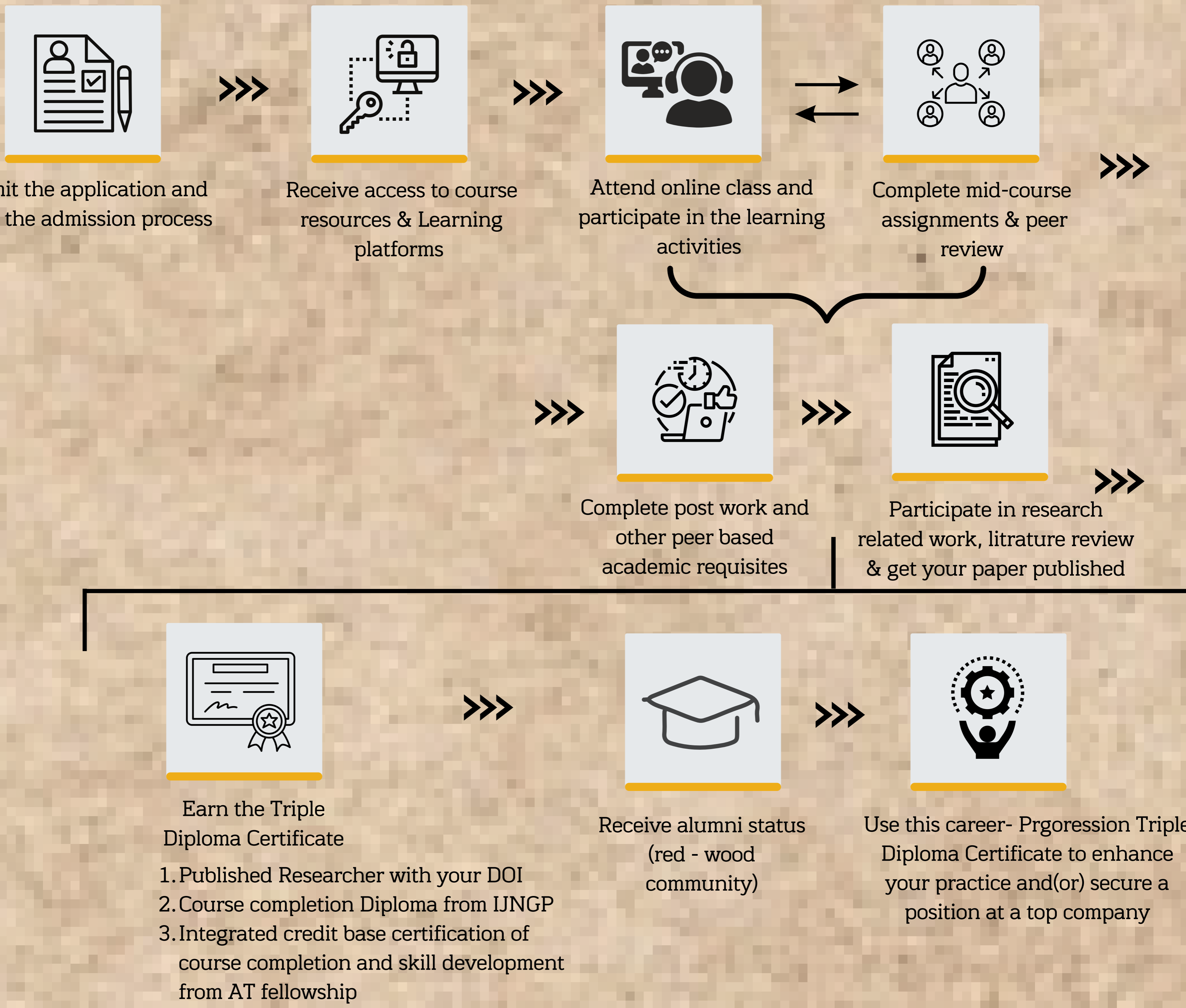
So, this is how it works,

Apply to Counseling Diploma

- Option 1 → Enroll with 14 Monthly Payments of ₹6900/-
(total Fees paid at the end of term = 96,600/-)
- Option 2 → Enroll with three installments of ₹25000/- in Sept, Jan & Jun
(total Fees paid at the end of term = 75,000/-)

Commit to career progression.

Enroll for the Triple Certification Program, Practitioner's Diploma in Contemporary Therapeutic Techniques & Integrated Counselling Skills



Ready to upgrade?

Yes, Request a call back>



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